



Rachel Gumbel

Title: Attorney

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Rachel Gumbel is an attorney in the firm's Louisville, Kentucky office and a member of the firm's business litigation, employment law, and health care service groups. Her practice focuses on representing businesses, employers, and health care organizations in complex litigation and appeals, employment related disputes, and regulatory and compliance matters.

Rachel regularly works with businesses, employers, and health care organizations on compliance issues arising under state and federal employment and health care regulations, helping clients identify and address risks before escalation into litigation or enforcement action. Her experience includes advising health care providers and businesses on regulatory compliance, internal investigations, and dispute resolution.

In her litigation practice, Rachel guides clients through all phases of business and commercial disputes, crafting strategic, nuanced responses that align with clients' operational, regulatory, and business objectives. Rachel is committed to providing practical, solutions-oriented counsel while advocating effectively on behalf of clients facing evolving legal and regulatory challenges.

CAPABILITIES

Practice Areas

- Litigation & Appeals
- Appellate Advocacy
- Arbitration, Mediation & Alternative Dispute Resolution
- Business Litigation
- Employment Litigation

- Government & Regulatory Litigation
- Product Liability Litigation
- Professional Liability Litigation
- White Collar Criminal Defense Litigation
- Health Care – Employment
- Health Care – Litigation & Investigations
- Health Care – Regulatory & Compliance
- Privacy & Data Security

RECENT ASSIGNMENTS

- Achieved summary judgment on a statute of limitations and tolling argument in a medical malpractice case.

BAR ADMISSIONS

- Kentucky

RECENT NEWS, ARTICLES & SPEAKING ENGAGEMENTS

- [AI in Employment & Hiring: Legal Considerations for Kentucky Employers](#)
,with [Harlee P. Havens](#) and [Jackson B. Hurst-Sanders](#) Stites & Harbison Client Alert, April 2, 2026

MEMBERSHIPS

- Kentucky Bar Association
- Louisville Bar Association,
 - New Lawyers Academy, Jan.-July, 2025
- American Health Law Association
- Kentucky Academy of Hospital Attorneys

EDUCATION

- University of Louisville Brandeis School of Law J.D., *summa cum laude* 2024
- Western Kentucky University B.S., Accounting, *magna cum laude* 2021

MORE THAN STITES & HARBISON

During law school, Rachel was a summer associate in the firm's Louisville office. She was also an extern with Jefferson Circuit Court, Division One (Judge Eric Haner) in Louisville. Outside the firm, Rachel enjoys traveling and trying new restaurants with friends, the Great British Bakeoff, and watching all sports but most especially her Cincinnati Reds.