



Elizabeth A. Garrett

Title: Member

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Elizabeth Garrett is an attorney in the firm's Nashville office where her practice focuses on domestic and family law, including both litigation and mediation. While Elizabeth handles all aspects of family law in Middle Tennessee, she has substantial experience in cases involving parental relocation, pre- and post-nuptial agreements, and complex financial matters. Elizabeth is a Rule 31 Listed Family Law Mediator and appreciates the opportunity to help bring a successful resolution to a difficult situation through the mediation process.

## CAPABILITIES

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### Practice Areas

- Appellate Advocacy
- Arbitration, Mediation & Alternative Dispute Resolution
- Family Law
- Trusts & Estates and Family Law

## BAR ADMISSIONS

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- Tennessee

## RECENT NEWS, ARTICLES & SPEAKING ENGAGEMENTS

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- Stites & Harbison Welcomes Elizabeth A. Garrett to the Nashville Office  
by staff writer, *Attorney At Law Magazine*, September 30, 2022
- Tax Treatment and Consequences in Divorce  
presenter, 2015

## MEMBERSHIPS

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- Tennessee Bar Association
- Nashville Bar Association , Chair, Domestic Relations Committee (2006)
- Tennessee Supreme Court Rule 21 Regulation 5K Approved , Mentor Attorney (2014-16)
- Tennessee Supreme Court Rule 31 , Listed Mediator in field of Family Mediation (2015-present)
- American Inn of Court, Belmont University , Member (2017-19)

## COMMUNITY INVOLVEMENT

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- Booked Not Bound - A Juvenile Justice Literacy Initiative, Founding Member (2018-present)  
(hosts a monthly book club with two colleagues for the youth detained in Davidson County Juvenile Detention facility)

## EDUCATION

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Nashville School of Law J.D. 2002

Indiana University B.A., Economics 1989

## MORE THAN STITES & HARBISON

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Elizabeth A. Garrett is a Nashville native, born and raised. After graduating from Indiana University, Bloomington, in 1989 she attended Nashville School of Law and began practicing law in 2002. She began her practice of family law with her mentor, Bobby Jackson, until 2016 when she opened her own firm, Garrett Simmons Law.

Inspired by a moving keynote address by Bryan Stevenson and his emphasis of the power of being proximate to those who we can help, Elizabeth and two of her colleagues founded the non-profit Booked Not Bound – a Juvenile Justice Literary Initiative in 2018. The group conducts a monthly book club and provides a “Sunday Supper” each month with the youth detained in the Davidson County Juvenile Detention Center.

## ACCOLADES

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- *Best Lawyers in America®*, Family Law; Family Law Arbitration; Family Law Mediation (2024)
- *Mid-South Super Lawyers®* (2020-23)
- Best New Lawyer, Judge Mariette M. Shipley, Second Circuit Court of Davidson County (2003)