

No image available. **Allyson True Cook**
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Allyson True Cook is Counsel in the firm's Covington, Kentucky office. Her practice focuses on construction, real estate, commercial finance, employment, healthcare, general business services and litigation. She routinely counsels clients in the acquisition, sale, development, leasing, construction and financing of industrial, commercial and residential properties. Her construction law practice includes the representation of owners, contractors, subcontractors, developers, design professionals and material suppliers in all phases of the construction process. Allyson also routinely advises and counsels minority and women owned businesses in obtaining minority/women owned certifications, as well as the structuring and creating of joint ventures and teaming arrangements to maximize business potentials as a minority/women owned business.

CAPABILITIES

Practice Areas

- Business Litigation
- Construction
- Drafting, Reviewing & Negotiating Construction Contracts
- Employment Law
- Fabricated Structural Steel
- Health Care
- Litigation & Appeals
- Real Estate
- Real Estate Development & Finance

BAR ADMISSIONS

- Kentucky
- U.S. District Court for the Eastern District of Kentucky

RECENT NEWS, ARTICLES & SPEAKING ENGAGEMENTS

- COVID-19 Reopening: What should employers/employees expect?
co-speaker, NKY SHRM May Virtual Legal Roundtable, May 19, 2020
- Ask the Expert featuring Allyson Cook and Andrew Poltorak of Stites & Harbison, PLLC *Stites & Harbison, PLLC. WEBINAR*, Associated Builders and Contractors, Ohio Valley Chapter, April 17, 2020
- Coronavirus and Force Majeure Provisions In Construction Contracts: May I Be Excused?
NASBP Newsletter, April 20, 2020
- WEBINAR: COVID-19 and Your Business — What You Need to Know with *Brian A. Cromer* , *Shannon Antle Hamilton* , and *William M. Joseph (Bill)* presented by Stites & Harbison, PLLC, April 7, 2020
- Coronavirus and Force Majeure Provisions In Construction Contracts: May I Be Excused? with *Cassandra L. Welch (Casey)* Stites & Harbison Client Alert, March 24, 2020
- NLRB Final Rule on Joint Employer Standard *Stites & Harbison, PLLC*. Stites & Harbison Client Alert, March 3, 2020
- Information You Need on the COVID-19 Coronavirus *Stites & Harbison, PLLC* March 2020
- Northern Kentucky Chamber of Commerce Podcast
Podcast announcing that Allyson is the recipient of the 7th Annual Debbie Simpson Spirit of Achievement Award, January 2020
- MBE's/DBE's/Certifying Entities/How to Stay out of Trouble; Legal Issues & Protocol
2019 Buckeye Regional Conference, CFMA Cincinnati Chapter, Cincinnati, OH, September 25-26, 2019
- Doing the Right Thing, But Not Doing It Right, Can Be Fatal: The False Claims Act *Stites & Harbison, PLLC*. Stites & Harbison Client Alert, April 11, 2018
- Nonprofit Boards: What You Should Know Before Serving on a Board
Kentucky Bar Association *Bench & Bar*, January/February 2018

MEMBERSHIPS

- Kentucky Bar Association
- Northern Kentucky Bar Association
- Northern Kentucky Chamber of Commerce

COMMUNITY INVOLVEMENT

- Northern Kentucky Society for Human Resource Management, Legislative Co-chair (2019-present)
- Northern Kentucky Chamber, Employer Legal Strategies Committee (2018-present)
- Northern Kentucky Chamber of Commerce, Ladies Golf Outing Committee (2008-15); Women's Initiative Annual Breakfast, Chair (2017-18), Member (2009-present); Women's Steering Committee (2017-18); Women's Initiative On the Road Committee (2015-16)
- NorthKey Community Care, Inc., Board Member (2020-present); Program Planning & Evaluation Committee (1998-99; 2012-18 and 2020-present); Executive Committee (1998, 2000-18); Finance Committee (1998, 2007-18); Past Board Chair (2012-14), Chair (2010-12);, Vice-Chair (2008-10), Secretary (2006-08), Treasurer (2004-06); Hospital/Inpatient Services Subcommittee, Chair (1998-2005), Member (2007-11); Mental Health Subcommittee (1998-2003); Nominations Committee (1998-2000); Personnel Committee (2002-02 and 2005-06)
- Five Seasons Sports Country Club, Board of Governors (2001-14)
- Ohio River Valley Women's Business Council, Volunteer (2009-17); Marketing Committee, Chair (2010-13); Steering Committee (2011-14)
- Northern Kentucky MHMR Properties, Board of Directors (2010-18)
- She's All That, Inc., Advisory Board Member (2015-16)
- Women's Business Center of Kentucky, Advisory Board Member (2015-present), Board Chair (2017)

- The Spirit of Construction Foundation, 2015 Annual Celebration of Construction Gala, Silent Auction Committee (2015)

EDUCATION

University of Kentucky College of Law J.D. 1989

- Salmon P. Chase Inn of Court (2010-16)

University of Kentucky B.B.A., Business Administration Departmental Honors 1986

MORE THAN STITES & HARBISON

Ms. Cook was named Corporate Advocate of the Year in 2015 at the Ohio Valley Women's Business Council Catch the Wave Conference. In 2011, she was a nominee for Outstanding Women of Northern Kentucky and received the Wilbert L. Ziegler Award in 2009.

Ms. Cook is very involved in her community. She is a past board chair, current board member and member of the Program Planning & Evaluation Committee for NorthKey Community Care, Inc. and served a significant stint on the Board of Directors for Northern Kentucky MHMR Properties. Allyson was chair for the Advisory Board for the Women's Business Center of Kentucky in 2015-16. Ms. Cook is very active with the Northern Kentucky Chamber of Commerce where she is involved with several committees. She is an active volunteer with the Ohio River Valley Women's Business Council which is a regional partner organization with the Women's Business Enterprise National Council ("WBENC").

ACCOLADES

- 2020 Debbie Simpson Spirit of Achievement Award, Northern Kentucky Chamber of Commerce
- Corporate Advocate of the Year, Ohio River Valley Women's Business Counsel Catch the Wave Conference, 2015